

CAAPE-5™

Comprehensive Addictions and Psychological Evaluation - 5

by

Norman G. Hoffmann, Ph.D.

BENEFITS

- * **Consistent and efficient DSM-5 compatible diagnostic interview**
- * **Documentation of drug/alcohol related problems**
- * **Indications of common mental health conditions**
- * **Demographic and clinical prognostic indicators**
- * **Helps meet accreditation requirements**

The CAAPE-5 is a comprehensive diagnostic assessment interview providing documentation for substance-specific diagnoses based on DSM-5 criteria. In 35-50 minutes, the CAAPE-5 covers some of the more prevalent mental health conditions likely to impact recovery from substance use disorders and collects key demographic information associated with prognosis.

CONDITIONS COVERED:

- * **Substance specific use disorders**
- * **Major depressive episode**
- * **Manic episode**
- * **Panic disorder**
- * **Anxiety and phobia indications**
- * **Posttraumatic stress disorder**
- * **Obsessive-compulsive disorder**
- * **Psychosis**
- * **Antisocial personality disorder**
- * **Paranoid personality disorder**
- * **Schizoid personality disorder**
- * **Borderline personality disorder**
- * **Dependent personality disorder**
- * **Obsessive-compulsive personality disorder**

APPLICATIONS:

Initial intake: The CAAPE-5 is an ideal tool for performing a mental health and substance use disorder assessment as part of any routine clinical intake when both addictions and mental health disorders need to be considered.

Documentation of severity: The DSM-5 defines severity for substance use disorders in terms of the number of positive diagnostic criteria.

Verification of improvement: Reviewing disorders with positive diagnostic findings can determine if the conditions have improved or if recovery can be documented.

Informing Dimensions 1, 3, and 5 of the ASAM Criteria:

Dimension 1: The CAAPE-5 questions on recent use patterns can identify possible withdrawal concerns.

Dimension 3: The extensive coverage of mental health conditions provides substantial information on commonly occurring co-occurring conditions.

Dimension 5: Both demographic and clinical content covered by the CAAPE-5 are related to relapse risks after addictions treatment.

Motivational enhancement: Reviewing CAAPE-5 results with clients can aid in motivational enhancement. Individuals who are presented with the detailed behaviors and symptoms of their conditions may be more likely to accept referral and become engaged in their treatment plans.

ADMINISTRATION: The modular organization of the CAAPE-5 interview provides flexibility in the collection of diagnostically relevant data. The CAAPE-5 can be administered as a comprehensive interview in a single session. However, if time is limited or the first concern is to assess either a particular substance use or other mental health disorder that section of interest may be administered alone and the remaining sections completed later. The structure of the CAAPE-5 facilitates conducting the interview in segments without losing the context of previous responses. This can be useful in working with clients who are distractible or demonstrate a short attention span.

TIME REQUIREMENTS: Most interviews are completed in 35 to 50 minutes with scoring/interpretation done within five minutes. Individuals with extensive drug and mental health histories may require a full hour of interview time. A triage application focusing only on current or key symptoms will typically require 20 to 30 minutes.

SCORING AND INTERPRETATION: The CAAPE-5 can be scored and interpreted in a matter of minutes. The interview booklet is designed to conform to the DSM-5 criteria, and the order of the questions makes the interview its own scoring template. A Summary Form is provided with each interview to provide a succinct summary of findings that can be inserted in charts or used to organize a report.